

Acupuncture Center of Roanoke, Inc.

Alexander Davis L. Ac.

Acupuncture, Herbs, Bodywork

Grandin Wellness Center

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Greetings,

I am delighted with your interest in Oriental Medicine and this opportunity to serve you. To make the best of our time together please fill out the enclosed forms and bring them with you on your first appointment. I will be happy to answer any questions about them at that time or you may call prior.

Oriental Medicine, originally known as “Balance Medicine”, is composed of Acupuncture, Herbology and Bodywork (Tuina & Shiatsu). The 5,000 year old holistic system of medicine has been continuously refined over the centuries and is designed to bring harmony and balance to an individual's health.

I use a combination of Traditional Chinese Medical, Five Element & Japanese-style acupuncture, Chinese Herbology, Tuina, Shiatsu, deep-tissue and Structural Integrative Bodywork (Rolfing). My emphasis is on preventative medicine, chronic disorders, immune system illnesses, and musculoskeletal problems. Trained in a variety of modalities, I utilize the methods that best meet your needs, whether it's on a physical, emotional, or spiritual level.

During your first visit, I will answer questions you may have and give you an examination and treatment using the Oriental Medical approach. Typically the first treatment is 90 minutes (1 1/2 hours) in duration. Subsequent treatments are commonly 60 minute (1 hour), but you may choose 90 minutes (1 1/2 hours) if you prefer.

Please remember not to have a large meal or any stimulants such as coffee or soda before your treatment. Please, no alcohol.

Your appointment is scheduled for: _____

If you need to cancel, please do so at least **24 hours in advance**, to avoid the missed office visit fee.

I am committed to seeing that all of my patients are given the opportunity to receive appropriate Acupuncture/ Oriental Medical care. As Oriental medicine is new to America you may have questions. I am always open to answering them, hopefully in ways that you understand and that helps bring this perspective of health into your life.

Kind Regards,

Alexander Davis, L. Ac.

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